Green and Gold
COMMUNITY SERVICES

Capability statement for support coordinators

Local support workers in southern Adelaide, SA who work like mentors for teens and adults: out of the house, active and into the community, plus personal care and daily living. Plan-managed and self-managed participants. Free meet and greet, no lock-in, reply the same day.

What we deliver

- **Active Afternoons (3 to 6 pm):** after school or work: walks, gym, footy, fishing, skate park.
- **Community access and social support:** outings, appointments, get-around confidence on buses and trains.
- **Personal care:** showering, dressing, grooming and toileting, meals, eating and medication assistance.
- **Daily living:** meal prep, household tasks, grocery shopping, support with goals and routines.
- **Small groups of 3 to 6 (forming now, shared cost):** coast walks, footy skills, fishing.

The team

- **Jakob Haagensen** Active Afternoons, community access and outings, building everyday independence.
- **Cameron Austin** A calm, steady mentor for teens and young men. Into gaming, fishing and footy.
- **Beau Austin** A mentor for teens and young men who like to think, talk and get outdoors.
- **Lachlan Smith (Support worker and mentor)** Personal care and community support, in homes, nursing homes and the community.

All male support workers. Weekdays, evenings and weekends. The same faces every week.

NDIS support items we invoice (2026-27, weekday daytime shown)

`04_104_0125_6_1`	Access Community Social and Rec Activities, weekday daytime: community access, Active Afternoons, mentoring	$73.58 an hour
`04_102_0136_6_1`	Group Activities, weekday daytime: small groups (price shared by the group)	$73.58 an hour, about $24.52 each for 3
`01_011_0107_1_1`	Assistance With Self-Care Activities, weekday daytime: personal care	$73.58 an hour
`01_020_0120_1_1`	House Cleaning And Other Household Activities	$60.10 an hour
`01_019_0120_1_1`	House or Yard Maintenance	$59.01 an hour

Other times, for one-to-one support: evening $81.07, Saturday $103.54, Sunday $133.50, public holiday $163.46 an hour. Always at or under the NDIS price limit.

Checks and cover

- Every worker: Certificate III in Individual Support, current NDIS Worker Screening Check, First Aid and CPR before supporting anyone alone.
- Every worker holds a current Working with Children Check.
- Public liability $20 million, professional indemnity $5 million.
- We follow the NDIS Code of Conduct. Certificates on request.

How a referral works

- **1.** Call, text or use the form. We reply the same day.
- **2.** Free meet and greet with the worker, in person. No obligation.
- **3.** Service agreement signed, supports usually start within a week.
- **4.** A monthly hours-used summary to you, with your participant's OK.

Cancellations follow the participant's service agreement and the NDIS rules. No travel charge for getting to the participant. Outing km only as Activity Based Transport, if agreed.

Lachlan Smith, Support worker and mentor
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Green and Gold Community Services Pty Ltd, ABN 71 702 676 337, ACN 702 676 337. Unregistered NDIS provider: plan-managed and self-managed participants. Prices follow the NDIS Pricing Schedule 2026-27; the price in each service agreement never exceeds the NDIS limit. Issued 22 November 2026.