Green and Gold

Young male support workers, based in southern Adelaide, SA. We travel across Adelaide.

Ages

13 to 17 Teens

High school, about Years 8 to 12

Teen-only groups

Kick-to-kick footy
Tuesdays after school, 4 pm to 6 pm

Bowling and mini golf
Thursdays after school, 4 pm to 6 pm

Buses and trains
School holidays, Wednesdays
10 am to 12 pm

$24.52 an hour each when 3 teens share one support worker

Need more support?
One of our workers can join you one-to-one.

Weekday daytime prices at November 2026. Evenings, weekends and public holidays cost more. On outings, you just cover your own ticket or snack.

One-to-one

Walks and parks

Movies, cafes and shops

Confidence and friends

Cooking and shopping

How it works

1. Free meet and greet first.
2. Pick the days that suit you.
3. Groups start when enough people join.

When

One-to-one: after school, Saturdays or the school holidays.

Teen groups are for ages 13 to 17 only. Workers for under-18s hold a Working with Children Check. Days can change once a group fills.

Call or text Lachlan 0424 339 811

Free meet and greet first. No lock-in contracts.
For plan-managed and self-managed NDIS plans.

www.greenandgoldcommunityservices.com.au

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One-to-one

Their own worker, at their own pace

What we can help with

- Out and about
- Coming along to appointments
- Confidence and friends
- Cooking and shopping
- Buses and trains
- Trying new things

Why one-to-one

- ✓ The same worker each time, where we can.
- ✓ Goes at their pace, with you in the loop.
- ✓ Need more support? Their Green and Gold worker can join our teen groups with them.

What happens next

1. Call or text Lachlan on 0424 339 811.
2. Free meet and greet with your worker.
3. Start when you're ready. No lock-in contracts.

Workers for under-18s hold a Working with Children Check.

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