Green and Gold

Young male support workers,
based in southern Adelaide, SA.
We travel across Adelaide.

Ages

18 to 25 Young adults

Leaving school, TAFE, work or study

Small groups

Coast walk and coffee
Tuesdays, 10 am to 12 pm

Bowling and mini golf
Wednesdays, 1 pm to 3 pm

Kick-to-kick footy
Thursdays, 4 pm to 6 pm

Jetty fishing
Fridays, 3.30 pm to 5.30 pm

$24.52 an hour each when 3 people share one support worker

Need more support?
One of our workers can join you one-to-one.

Weekday daytime prices at November 2026. Evenings, weekends and public holidays cost more. On outings, you just cover your own ticket or snack.

One-to-one

Movies, cafes and shops

Cooking and shopping

Work and TAFE confidence

Personal care

How it works

1. Free meet and greet first.
2. Pick the days that suit you.
3. Groups start when enough people join.

When

One-to-one: any day you choose.

Days and times can change once a group fills. Adults of all ages are welcome too.

Call or text Lachlan 0424 339 811

Free meet and greet first. No lock-in contracts.
For plan-managed and self-managed NDIS plans.

www.greenandgoldcommunityservices.com.au/groups

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One-to-one

Your own worker, at your own pace

What we can help with

- Out and about
- Coming along to appointments
- Cooking and shopping
- Around the home
- Personal care
- Buses and trains
- Seeing friends
- Work and TAFE confidence

Why one-to-one

- ✓ The same worker each time, where we can.
- ✓ You set the pace and the plan.
- ✓ Need more support? Your Green and Gold worker can come to our groups with you.

What happens next

1. Call or text Lachlan on 0424 339 811.
2. Free meet and greet with your worker.
3. Start when you're ready. No lock-in contracts.

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